

Youth & Family Recreation

Amazon Community Center

2700 Hilyard St., Eugene 97405 Bus #28, 73
Phone: 682-5373 Hours: 9a-6p M-F
Program Manager: Sandy Shaffer
Program Supervisor: Gina Tafoya
Office Coordinator: Jacquie Lichens

Petersen Barn Community Center

870 Berntzen Rd., Eugene 97402 Bus #40
Phone: 682-5521 Hours: 9a-5p M-F
Program Manager: Craig Smith
Program Supervisor: Raquel Wells
Youth Leadership Coordinator: Peter Chavannes
Office Coordinator: Tina Cammann
Teen Court (Bethel & West Eugene)
Program Supervisor: Bruce Steinmetz

River House

301 N. Adams St., Eugene 97402 Bus #40, 52
Phone: 682-5329 Hours: Noon-4p M-F
Se habla español
Program Manager: Craig Smith
Program Supervisors: Roger Bailey,
Kellie Nemke, CTRS
Team Adventure Coordinator: Isaac Markehe
Urban Adventure Coordinator: Aimee Goglia
Office Coordinator: Toni Perez



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Sheldon Community Center

2445 Willakenzie, Eugene 97401 Bus #67, 64
Phone: 682-5312 Hours: 8a-6p M-F
Program Manager: Sandy Shaffer
Program Supervisor: Melissa Perkins
Office Coordinator: Gayle Martinez

Youth & Family Recreation creates opportunities that inspire life long passion to imagine, explore, learn, grow, and contribute.

Class listings begin on page 8.

Development Assets Guide Recreation Services

Eugene Recreation Services utilizes the 40 Developmental Assets as a foundation for youth programs. The asset concept is simple and based on common sense: young people need positive external supports and internal strengths in order to succeed in life. Most importantly, they need people in their community to help nurture these assets. The following are a few key principles with this exciting and effective approach to working with youth:

- Everyone can build assets
- All young people need assets
- Relationships are key
- Asset building is an ongoing process
- Provide consistent asset messages
- Repetition of asset messages is important

Non-city residents are assessed a 20% surcharge for registered activities & rentals.

If you'd like to learn more about how you can build assets call (541) 682-6307, or visit <http://www.search-institute.org/communities>.

Make a Difference with Teen Court!

Members of Eugene's Teen Courts gain experience in decision making, communication and law. Defendants get an opportunity to take responsibility and keep a clean juvenile record. Help your fellow students, your community and yourself.

**Eugene
Teen Courts**

If you are 12-17 years old and live or attend school in Bethel District (Bethel Teen Court) or in the area served by Churchill High School (West Eugene Teen Court), you probably qualify. Volunteer hours apply towards school community service requirements.

For more information please call Bruce Steinmetz, Teen Court supervisor, at 682-6376.

Youth & Family Recreation

PRESCHOOL/VISUAL ARTS

Explorers

Ages 20 months-3 years with adult

An explorative, process-oriented class introducing children to the joy of creating art through the use of paint, oil pastel, glue, watercolor, play dough and more. Each class offers new experiences. Caregivers work alongside children in a supportive role.

Amazon Community Center

Instructor: Shanna Trumbly

Sep 26-Nov 14 Tu 9:30-10:15a \$42 #70353

Instructor: Sean Aaberg

Sep 29-Nov 17 F 1:30-2:15p \$35 #70354

No class Nov 10.

Discovering Materials

Ages 24 months-4 years with adult

Child-centered and process-focused activities take inspiration from nature and cool materials. Use paper, oil pastel, watercolor, play dough, glue, paint, fabric and more. Every class includes open-ended projects to explore. Parents work alongside children in class.

Amazon Community Center

Instructor: Shanna Trumbly

Sep 26-Nov 14 Tu 10:30-11:30a \$46 #70362

Instructor: Sean Aaberg

Sep 29-Nov 17 F 2:30-3:30p \$39 #70363

No class Nov 10.

Saturday Art Play for Tykes

Ages 2-4 with adult

Get messy, have fun and meet little ones your age! Join in on Saturday for fun and messy art activities, from painting with wacky objects to squishing clay to painting at the easels and on the table. Explore, be creative and have fun. Adults stay in class and work alongside children. Instructor: Sean Aaberg.

Amazon Community Center

Sep 30-Nov 18 Sa 10:45-11:30a \$42 #70377

Clay Play **Ages 3-6 with adult**

Make coil pots, slabs with texture and stamping and more in this class for youngsters. Designed for children ready to move on to more detailed work. Create long-lasting treasures as you learn. Parent works alongside child in supportive role. Instructor: Sean Aaberg.

Amazon Community Center

Sep 26-Nov 14 Tu 1:30-2:30p \$50 #70373

Class fee includes clay, glazes & firing.

Art Sampler **Ages 3-6**

Explore art from around the world in this fun class. Try a little of everything. Mix colors with vivid watercolors and tempera paint. Explore papers, oil pastels, crayon resist and natural objects. Create clay art and zany sculpture. This is a drop-off class for children ready to work independently. Instructor: Sean Aaberg.

Amazon Community Center

Sep 29-Nov 17 F 3:30-4:15p \$35 #70374

No class Nov 10.

Things That Go Smoosh **Ages 3-6**

Here's your chance to make a gigantic mess in the studio, keeping the chaos out of your kitchen! Activities include finger painting, drip glueing, painting wild art and making gooey concoctions from household ingredients. This is a drop-off class for children ready to work independently. Instructor: Sean Aaberg.

Amazon Community Center

Sep 26-Nov 14 Tu 2:45-3:45p \$46 #70375

Saturday Clay Play **Ages 3-8**

Make pinch pots, coil pots, shoe print rattles and more. Spend Saturday mornings elbow deep in clay and glazes, making special treasures to share. This is a drop-off class for children who are ready to work independently. Instructor: Sean Aaberg.

Amazon Community Center

Sep 30-Nov 18 Sa 11:30a-12:30p \$50 #70372

Class fee includes clay, glazes & firing.

Sculpture for Kids **Ages 4-6**

Create 3-dimensional projects from clay, paper and found objects in this great class for the artist who thinks outside the box. This is a drop-off class. Instructor: Sean Aaberg.

Amazon Community Center

Sep 27-Nov 15 W 2-3p \$46 #70376

PRESCHOOL/DANCE & DRAMA

Dance & Music ♥

Ages 20 months-3 years with adult

Stretch your body and dance to a variety of music in this class for little ones. Dance with scarves, play percussion instruments and explore creative movement. Infant siblings are welcome to join in as "bystanders." Parents stay and participate in class.

Amazon Community Center

Sep 25-Nov 13 M 9:30-10a \$23 #70400

Sep 27-Nov 15 W 9:30-10a \$23 #70785

Saturday Dance Play ♥

Ages 20 months-4 years with adult

Here's a class for busy parents who still want to boogie with their toddler or preschooler. Sing songs, dance around the studio with instruments, learn how to play together and get some fun exercise. Parents participate, too! OK for infant siblings to join in as "bystanders." Instructor: Danielle Baker.

Amazon Community Center
Sep 30-Nov 18 Sa 10:15-11a \$35 #70402

Leaping Lizards ♥

Ages 24 months-3 years with adult

Explore the joy of creative play through dance and movement. Pounce like a cat, sway like a river, stomp like a dinosaur! Taught by toddler dance teachers, this developmental class is great for boys and girls! Infant siblings may join in as "bystanders." Parents stay and participate in class.

Amazon Community Center
Sep 25-Nov 13 M 10:15-11a \$33 #70355
Sep 27-Nov 15 W 10:15-11a \$35 #70356

Pre-Ballet Movement ♥ **Ages 2½-5**

Explore beginning ballet in a creative, open-ended class. Discover ballet stretches and move creatively. Begin ballet positions, including turning, skipping and leaping, and take inspiration from your favorite animals and sounds. Last class includes mini-recital. This is a drop-off class. Pre-requisite: at least one dance class at Amazon.

Amazon Community Center
Sep 25-Nov 6 M 11:30a-12:15p \$35 #70792

Pre-Ballet ♥ **Ages 3½-6**

Pirouette, relevé, plié! Young ballerinas and ballet dancers learn to stretch and move creatively while exploring ballet positions and moves including turning, waltzing and leaping. Last class includes mini-recital. This is a drop-off class.

Amazon Community Center
Instructor: Tessa Lynch
Sep 28-Nov 16 Th 11-11:45a \$35 #70793
Instructor: Danielle Baker
Sep 30-Nov 18 Sa 11:15a-Noon \$35 #70794
Sheldon Community Center
Instructor: Mika Watanabe
Sep 23-Nov 11 Sa 10-10:45a \$35 #70795

Brazilian Dance I ♥ **Ages 3-5 NEW!**

Learn to dance to the beat of Brazil, using traditional music. Move your body and have fun dancing the *labada*, *samba* and *laraspa*. Last class includes a mini-recital for families. Instructor: Ida Lomprey.

Amazon Community Center
Sep 29-Nov 17 F 3:30-4:30p \$39 #71242
No class Nov 10.

Dance Sampler I ♥ **Ages 3-5**

Young dancers learn the basics of modern dance, creative movement, ballet positions, stretching and tap. Listen to great music and dance in a supportive atmosphere with great teachers. The last class includes a mini-recital.

Amazon Community Center
Sep 27-Nov 15 W 11:30a-12:15p \$35 #70540
Instructor: Tessa Lynch
Sep 28-Nov 16 Th 9:15-10a \$35 #70541
Instructor: Mika Watanabe
Sep 30-Nov 18 Sa 11:15a-12:15p \$35 #70542

Sheldon Community Center
Instructor: Mika Watanabe
Sep 23-Nov 11 Sa 9-9:45a \$35 #70543

Children must dance in ballet slippers or bare feet; no socks on the dance floor. Bring tap shoes if you have them; some available to use.

Dance Sampler II ♥ **Ages 4-6**

Get your body moving with stretching, ballet, creative dance and simple tap in a supportive atmosphere. Great for experienced dancers, but not required. Last class includes mini-recital.

Amazon Community Center
Instructor: Danielle Baker
Sep 30-Nov 18 Sa 12:15-1:15p \$35 #70798
Instructor: Tessa Lynch
Sep 28-Nov 16 Th 10-10:45a \$35 #70799

Children must dance in ballet slippers or bare feet; no socks on the dance floor. Bring tap shoes if you have them; some available to use.

Smile...

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Youth & Family Recreation

PRESCHOOL/GYMNASTICS

Gym-Mini-Crickets ♥ *Ages 2-3*

Introduction to pre-tumbling skills. Children gain flexibility, strength and coordination using mats, balance beam, hoops and a variety of other equipment. Parents are encouraged to assist and join in the fun. Instructor: Katya Ivanova.

Amazon Community Center

Sep 19-Oct 24	Tu	9:30-10a	\$24	#71199
Sep 15-Oct 20	F	9:30-10a	\$24	#71200
Oct 27-Dec 8	F	9:30-10a	\$20	#71201
No class Nov 10, 24.				
Oct 31-Dec 5	Tu	9:30-10a	\$24	#71202

Petersen Barn Community Center

Sep 21-Oct 26	Th	9:30-10a	\$24	#70775
Nov 2-Dec 7	Th	9:30-10a	\$24	#70776
No class Nov 23.				

Sheldon Community Center

Sep 23-Oct 28	Sa	11:15-11:45a	\$24	#70781
No class Nov 25.				
Nov 4-Dec 16	Sa	11:15-11:45a	\$24	#70782
Sep 20-Oct 25	W	4:30-5p	\$24	#70783
Nov 1-Dec 6	W	4:30-5p	\$24	#70784

Gym Dandies ♥ *Ages 3-5*

Basic gymnastic skills are explored using a variety of equipment in a safe and fun environment. Builds self-confidence, strength, flexibility, and coordination. Instructor: Katya Ivanova.

Amazon Community Center

Sep 19-Oct 24	Tu	10:15-11a	\$36	#71203
Sep 15-Oct 20	F	10:15-11a	\$36	#71204
Oct 31-Dec 5	Tu	10:15-11a	\$36	#71205
Oct 27-Dec 8	F	10:15-11a	\$30	#71206
No class Nov 10, 24.				

Petersen Barn Community Center

Sep 21-Oct 26	Th	10:15-11a	\$36	#70777
Nov 2-Dec 14	Th	10:15-11a	\$36	#70778
No class Nov 23.				

Sheldon Community Center

Sep 23-Oct 28	Sa	11:45a-12:30p	\$36	#70786
No class Nov 25.				
Nov 4-Dec 16	Sa	11:45a-12:30p	\$36	#70787
Sep 20-Oct 25	W	5-5:45p	\$36	#70788
Nov 1-Dec 6	W	5-5:45p	\$36	#70789

Pre-Gymnastics ♥ *Ages 3½-6*

Your child will gain confidence in his/her abilities while acquiring new skills in gymnastics. Instructor: Katya Ivanova.

Sheldon Community Center

Sep 23-Oct 28	Sa	12:30-1:15p	\$36	#70790
No class Nov 25.				
Nov 4-Dec 16	Sa	12:30-1:15p	\$36	#70791

PRESCHOOL/MARTIAL ARTS

Kinder Karate ♥ *Ages 3-4 & 4-6*

Instructors from Eugene School of Karate provide a happy, caring atmosphere where your preschooler can be introduced to basic karate skills. Hand-eye and foot-eye coordination, self-esteem and listening skills are enhanced in this active class.

Amazon Community Center

Ages 3-4

Sep 13-Oct 11	W	3-3:30p	\$35	#71228
Oct 18-Nov 15	W	3-3:30p	\$35	#71230

Ages 4-6

Sep 13-Oct 11	W	3:30-4p	\$35	#71229
Oct 18-Nov 15	W	3:30-4p	\$35	#71231

Sheldon Community Center

Ages 3-4

Sep 15-Nov 3	F	2:45-3:15p	\$56	#70536
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Ages 4-6

Sep 15-Nov 3	F	3:15-3:45p	\$56	#70537
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CHILDREN/VISUAL ARTS

Monsters, Dragons & Dinosaurs *Ages 5-9*

In this exciting class students draw many types of dragons, explore action drawings, imagine and create dinosaurs they would like as pets, and much more. Drawing pencils, colored pencils, and watercolors will also be explored. Students work at their own pace and receive plenty of individual instruction. Instructor: Merideth Ferrell.

Amazon Community Center

Sep 30-Nov 18	Sa	9:30-10:30a	\$46	#70800
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Comic Drawing I **Ages 6-10**

Enhance literacy and drawing skills at the same time. Learn to use simple symbols to describe an idea. Draw characters, animals, vehicles and more. Add a story line to make it all come together in your own comic book to take home at the end of the session. Instructor: Sean Aaberg.

Amazon Community Center
Sep 25-Nov 13 M 4-5:30p \$46 #70802

Comic Drawing II **Ages 10 & up**

Learn to use simple symbols to describe an idea. Draw characters, animals, vehicles, backgrounds and more. Add a story to make it all come together in your own comic book to take home at the end of the session. Children under 10 years OK with instructor permission. Instructor: Sean Aaberg.

Amazon Community Center
Sep 28-Nov 16 Th 3:30-5:30p \$52 #71238

Hands In Mud **Ages 6-11**

Use your hands and tools to create a different clay project each week. Learn beginning slab hand building and develop your design skills to make a collection of childhood treasures. Instructor: Kathleen Kendrick.

Amazon Community Center
Sep 28-Nov 16 Th 4-5:15p \$50 #70803
Class fee includes clay, glazes & firing.

Wheel Throwing, Beginning **Ages 7-12**

Learn basic techniques of wheel throwing and glazing. Take home your own pots and bowls to share with your family. No prior clay or pottery experience is necessary, just a willingness to try new things. Instructor: Joshua Allen.

Amazon Community Center
Oct 23-Nov 13 M 3:30-5:30p \$50 #70810
Class fee includes clay, glazes & firing.

Wheel Throwing, Intermediate **Ages 7-12**

For those who have already completed a wheel throwing course. Basics of wheel throwing and glazing will be reviewed. Session focuses on new methods. Hand building basics will be introduced. Make your own treasures to take home and share. Instructor: Joshua Allen.

Amazon Community Center
Nov 20-Dec 11 M 3:30-5:30p \$50 #70814
Class fee includes clay, glazes & firing.

Illustration Imagination

Ages 10 & up

Drawing, drawing, drawing! Learn to create character and background and develop your unique artist's style. Taught by professional artist Sean Aaberg.

Amazon Community Center
Sep 30-Nov 18 Sa 11:30a-12:30p \$46 #71232

CHILDREN/DANCE & DRAMA

Pre-Ballet ♥ **Ages 5-7**

Little dancers explore basic ballet steps set to a variety of music in this beginning class. Explore turns, jumps, leaps and more. Last class includes mini-recital. Instructor: Tessa Lynch.

Amazon Community Center
Sep 25-Nov 13 M 3:30-4:15p \$33 #70816
Children must dance in ballet slippers or bare feet; no socks on the dance floor.

Modern Ballet ♥ **Ages 6-10**

Learn ballet positions, exercises and correct posture. Use traditional and modern movements set to fun, active music in this great class. Perfect for kids with beginning to intermediate level skills. Last class includes mini-recital. Instructor: Danielle Baker.

Amazon Community Center
Sep 30-Nov 18 Sa 1:15-2:15p \$44 #70818
Children must dance in ballet slippers or bare feet; no socks on the dance floor.

Hula for Children ♥ **Ages 5-12**

Learn to tell stories through Hawaii's sacred dance. Explore basic hula steps and hand movements, as well as Hawaiian terminology, some instrument work and a variety of old and *auana* (modern) dances. Last class includes mini-recital. Instructor: Carol McIntyre.

Amazon Community Center
Sep 26-Nov 14 Tu 4-5p \$46 #70544

Brazilian Dance II ♥ **Ages 6-12 NEW!**

Learn to dance to the beat of Brazil! Listen to traditional music, move your body and learn the *labada*, *samba* and *laraspa*. Enjoy this beautiful dance form in a supportive atmosphere. Last class includes mini-recital for families. Instructor: Ida Lomprey.

Amazon Community Center
Sep 29-Nov 17 F 4:30-5:30p \$39 #71243
No class Nov 10.



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CHILDREN/MARTIAL ARTS

Karate ♥ *Grades 1-6*

Learn karate from the highest ranking Shudokan instructors in Oregon. A professionally developed program by instructors from the Eugene School of Karate. Children will learn self-defense skills in a supportive, caring and fun environment.

Amazon Community Center				
Sep 13-Oct 11	W	4-4:45p	\$40	#71233
Oct 18-Nov 15	W	4-4:45p	\$40	#71234
Sheldon Community Center				
Sep 15-Nov 3	F	3:45-4:30p	\$64	#70533
Sep 15-Nov 3	F	4:30-5:15p	\$64	#70532

CHILDREN/GYMNASTICS

Gym Dan'stics ♥ *Ages 6-10*

Stretch, tumble and dance! Use hoops, ribbons and balls to express yourself in this mix of gymnastics and dance. Instructor: Katya Ivanova.

Sheldon Community Center				
Sep 18-Oct 23	M	5:30-6:30p	\$48	#71116
Oct 30-Dec 4	M	5:30-6:30p	\$48	#71117

Gymnastics, Beginning ♥ *Ages 6-12*

Develop basic gymnastic skills on the mats, balance beam, vault and bars in a fun and creative environment. Instructor: Katya Ivanova.

Sheldon Community Center				
Sep 23-Oct 28	Sa	1:45-2:45p	\$48	#71123
Nov 4-Dec 16	Sa	1:45-2:45p	\$48	#71124
No class Nov 25.				

Gymnastics, Intermediate ♥ *Ages 6-12*

Review and polish basic gymnastic skills. Previous experience required. Instructor: Katya Ivanova.

Sheldon Community Center				
Sep 23-Oct 28	Sa	2:45-3:45p	\$48	#71130
Nov 4-Dec 16	Sa	2:45-3:45p	\$48	#71131
No class Nov 25.				

Rhythmic Gymnastics ♥ *Ages 6-8*

Discover this fun, beautiful and challenging Olympic sport. Learn basic and advanced techniques in movement, dance and tumbling using hoops, balls, ropes and ribbons. Open to all skill levels. Instructor: Katya Ivanova.

Sheldon Community Center				
Sep 20-Oct 25	W	6-7p	\$48	#71134
Nov 1-Dec 6	W	6-7p	\$48	#71135

CHILDREN/LANGUAGES & CULTURE

Spanish, Kinders

Give your child a head start in learning Spanish. Class materials are designed to teach basic greetings and language skills through songs and games.

Adams Elementary School, 950 W. 22nd Ave.				
Sep 19-Nov 28	Tu	11:25-11:55a	\$44	#71215
Edison Elementary School, 1328 E. 22nd Ave.				
Instructor: Jamie Godshall				
Sep 18-Nov 27	M	12-12:50p	\$44	#71213
Sep 19-Nov 28	Tu	12-12:50p	\$44	#71214

Spanish *Grades 1-2 & 3-5*

A Spanish language program developed to teach basic vocabulary, comprehension, and conversational skills. Learn about Mexican and Latin cultures through the use of role-playing, games, songs, and celebrations of major cultural events and holidays.

Adams Elementary School, 950 W. 22nd Ave.				
Grades 3-5				
Sep 19-Nov 28	Tu	2:45-3:45p	\$50	#71218
Edison Elementary School, 1328 E. 22nd Ave.				
Instructor: Jamie Godshall				
Grades 1-2				
Sep 19-Nov 28	Tu	2:40-3:40p	\$50	#71219
Grades 3-5				
Sep 21-Dec 7	Th	2:40-3:40p	\$50	#71220

Willagillespie Elementary School, 1125 Willagillespie
Instructor: Jamie Godshall
Grades 1-2
Oct 10-Dec 14 TuTh 7:45-8:15a \$32 #70395
Grades 3-5
Oct 11-Dec 13 MW 7:45-8:15a \$32 #70396

CHILDREN/SPECIAL INTEREST

Birthday Parties for Kids
Ages 4-10

Have a thrilling art party in Amazon's art studio! Teachers present a fun project you select from a menu of options; just bring the cake! Set up and help with serving included. For information visit www.uoyouth.org; to book the party call 682-5306.

Amazon Community Center
Sep 30-Dec 9 Sa 1-3p #70822
Not available Nov 25.
\$135 for up to 15 children, \$5 ea additional child.
\$10 additional for face painting.

CHILDREN/NO SCHOOL ACTIVITIES

Bethel No-School Quest Days
Grades K-5 NEW!

A new no-school-day program! Come join the "Quest" program which features a special quest and activity every Bethel non-school day. For scholarship information, contact 682-5521. Fliers with specific activities will be sent to Bethel Elementary Schools in September.

Petersen Barn Community Center
Oct 13 F 9a-5p \$30 #71247
Nov 3 F 9a-5p \$30 #71248
Nov 10 F 9a-5p \$30 #71249
Dec 18 M 9a-5p \$30 #71250
Dec 19 Tu 9a-5p \$30 #71251
Lunch, snacks & activity costs included.

TEENS/VISUAL ARTS

Wheel Throwing for Teens
Ages 11-17

Learn wheel throwing basics in this beginning/intermediate class. Create pots and bowls, learn glazing secrets and more. Learn to throw more complicated items as you are ready. Instructor: Joshua Allen.

Amazon Community Center
Sep 25-Oct 16 M 3:30-5:30p \$50 #70823
Class fee includes clay, glazes & firing.

Fine Art Photography Ages 12-14

Using a manual 35 mm camera, learn to adjust light, create evocative compositions and take better pictures in this fine art class. Take black and white photos and print them in a state-of-the-art darkroom. Focus is on beginning and intermediate level students. For more information call 682-5306. Instructor: Julie Rudolph.

Amazon Community Center
Sep 25-Oct 30 M 4-6p \$60 #71239
Limited number of cameras available for loan.

TEENS/DANCE & DRAMA

Hip Hop II ♥ Ages 11-17

Join this very popular hip hop program in a class for new to intermediate dancers. Learn more advanced hip hop techniques and the latest steps. Last class includes mini-performance. Instructor: Joshua Landis.

Amazon Community Center
Sep 30-Nov 18 Sa 10-11a \$46 #70824

Modern Ballet II ♥ Ages 12-16 NEW!

Create your own dancer style while learning appropriate dancer exercises and correct posture. Use traditional and modern movements set to fun, active music. For students who have taken dance before, with intermediate level skills. Last class includes mini-recital. Instructor: Danielle Baker.

Amazon Community Center
Sep 30-Nov 18 Sa 2:30-3:30p \$46 #70820

TEENS/GYMNASTICS

Rhythmic Gymnastics ♥ Ages 9-18

Discover the fun, challenge and beauty of this Olympic sport. You will develop basic and advanced techniques in movement, dance and tumbling while using hoops, balls, ropes and ribbons. Previous gymnastics or dance experience preferred. Instructor: Katya Ivanova.

Sheldon Community Center
Sep 13-Dec 9 M 6:30-7:30p
W 7-8p
Sa 4-5p \$296 #71145
No class Nov 22, 25.

Youth & Family Recreation

TEENS/HEALTH & WELLNESS

Breaking Free ♥ *Ages 11-14 NEW!*

Empower yourself! In this special class, girls learn information and skills to break free from the fear and effect of violence. Build strength, increase your knowledge and skills for keeping yourself safe, learn physical and non-physical techniques, meet new friends, strengthen community and have fun.

Amazon Community Center
Sep 27-Nov 15 W 3:30-5:30p \$25 #71306
Discount for RecZone members.

Speed Quest Inc. ♥ *Ages 14-20 NEW!*

Improves speed and agility for any athlete. Students receive individualized attention and coaching according to their abilities. A variety of speed training equipment is used to make the class fun and challenging. Learn how your body works and how to get the most out of each session. Join the fun! Instructor: Speed Quest Trainers.

Sheldon Community Center
Oct 3-Nov 7 Tu 6-7p \$90 #71246

Open Gym ♥ *Ages 14-18 NEW!*

Drop by Sheldon Community Center for open gym. Bring own basketballs; limited equipment is available. Volunteers are on hand to give tips and coordinate activities.

Sheldon Community Center
Sep 21-Nov 30 Th 6:30-7:30p \$10 #71168
Not available Nov 23.

TEENS/SPECIAL INTEREST

Babysitting, Red Cross Certification *Ages 11-15*

Participants gain knowledge, skills and confidence to care for infants through school-aged children. The training addresses safety issues, injury and illness prevention, basic child care, first aid, decision making skills, age appropriate behavior and play. Participants receive a reference handbook and, upon successful completion of the class, a certification card. Instructor: American Red Cross.

Sheldon Community Center
Sep 16 Sa 9a-4p \$42 #70738
Oct 21 Sa 9a-4p \$42 #70739
Nov 18 Sa 9a-4p \$42 #70740
Dec 9 Sa 9a-4p \$42 #70741
Bring a sack lunch.

Driver's Education *Ages 15 & up*

Classroom course to help novice drivers develop good habits for a lifetime of safe driving practices. Excellent supplement to supervised practice required of new drivers under age 18 who chose not to take an ODOT-approved driver education course. Instructor: Professional Driving School.

South Eugene High School, 400 E. 19th Ave.
Nov 14-Dec 5 Tu 6:30-8:30p \$60 #71207
Licensed driver must attend classes with student.
Private in-car training available for additional fee.

TEENS/COMPUTER

Claymation Workshop *Ages 11-14*

Create your own claymation short! Make 3D characters in clay, shoot a stop-motion film using a digital still camera, and edit using Apple's imovie. Create story boards, build characters and backdrops, film shots and edit in the computer! DVD of all finished 15 to 30-second short films from class. Instructor: Sean Aaberg.

Amazon Community Center
Sep 27-Nov 1 W 3:30-5:30p \$54 #71222

TEENS & ADULTS/VISUAL ARTS

Advanced Wheel Throwing/Handbuilding *Ages 16 & up*

Learn to pull spouts for teapots, and make decorative handles and covers for your vessels. For artists ready to move on to more challenging projects. Instructor: Joshua Allen.

Amazon Community Center
Sep 25-Nov 27 M 6:30-8:30p \$160 #70806

Ceramics Open Studio *Ages 16 & up*

Hand build, glaze and design in the clay studio without taking a class. Open studio is run by an experienced ceramic teacher, available for quick questions only. Instruction is *not* included and wheel throwing is *not* available. Instructor: Ray Wissig.

Amazon Community Center
Sep 6-27 WSu Noon-2p \$40 #70828
Oct 4-29 WSu Noon-2p \$40 #70829
Nov 1-Dec 3 WSu Noon-2p \$40 #70830
Class fee includes 50 lb. clay, firing, some glazes.

Wheel Throwing/
Handbuilding **Ages 16 & up**

Learn the exciting art of throwing on the wheel and hand building. Begin to center, manipulate, and transform lumps of clay into pots, bowls, cups, and mugs. All skill levels are welcome. Instructor: Ray Wissig.

Amazon Community Center
Sep 26-Nov 14 Tu 6-9p \$127 #70825
Sep 27-Nov 15 W 6-9p \$127 #70826
Class fee includes clay, glaze, tools and firing.

Painting with Acrylics **Ages 16 & up**

This is not your ordinary acrylic painting class. Explore your inner talents painting larger than usual, using acrylics and a little bit of watercolor. Bring out your playful side in this relaxed class full of enthusiastic beginners. Instructor: Merideth Ferrell.

Amazon Community Center
Sep 28-Nov 16 Th 6-8p \$65 #71223
Class fee includes some supplies.

TEENS & ADULTS/DANCE & DRAMA

Beginning Ballet ♥ **Ages 16 & up**

For the adult that always wanted to learn to dance with grace and style. Dance to lovely music in a supportive atmosphere. Work on dance posture, movements and alignment with an experienced and dedicated teacher, Danielle Baker.

Amazon Community Center
Sep 28-Nov 16 Th 7-8p \$46 #70835

Hip Hop ♥ **Ages 18 & up**

Learn techniques in hip hop, improvisation and rhythm. Come ready to move, and don't forget a bottle of water. Taught by professional dancer Jessica Ingalls-Johnson.

Amazon Community Center
Sep 26-Nov 14 Tu 7:30-8:30p \$46 #70836

Middle Eastern Belly Dance,
Beginning ♥ **Ages 16 & up**

Cultivate posture, balance and grace while enjoying the benefits of a low-impact, aerobic, full-body workout. Learn the rhythm and dances of North Africa and the Middle East. Express yourself and develop your own unique style. Instructor: Oralia Kolaczowski.

Amazon Community Center
Sep 25-Nov 13 M 5:30-7p \$50 #70843

Middle Eastern Belly Dance,
Advanced ♥ **Ages 16 & up**

Fine tune skills learned in the beginning class. You must have taken at least one class with Oralia before you can register for this advanced class. Instructor: Oralia Kolaczowski.

Sep 25-Nov 13 M 7-8:30p \$50 #71464

Polynesian Dance, Beginning ♥
Ages 16 & up

Enjoy learning dances from Hawai'i, Samoa, Tahiti, and the Philippines. This class is addictive! No previous dance experience necessary. Learn terminology in Hawaiian, some instrument work in the dances with *ili ili* (stones), *puili* (split bamboo) and *ipu* (gourd), as well as basic hula. Instructor: Carol McIntyre.

Amazon Community Center
Sep 26-Nov 14 Tu 5:15-6:15p \$46 #70841

Polynesian Dance,
Intermediate-Advanced ♥

Ages 16 & up

This class is for dancers who have studied hula previously. Review of basic hula steps, with advanced choreography and terminology. Instructor: Carol McIntyre.

Amazon Community Center
Sep 26-Nov 14 Tu 6:15-7:15p \$46 #70842

TEENS & ADULTS/SPECIAL EVENTS

Drama Across the Curriculum
Ages 18 & up NEW!

Play drama games and explore improvisation. Learn to incorporate drama into the curriculum based on Oregon standards. Hands-on experience in developing trust within the group and analytical skills; learn about collaboration and character development. Write and perform short scenes presented in the workshop. Instructor, Greg Gurley, Ph.D., Theatre for Youth.

Amazon Community Center
Oct 13 F 10a-3p \$35 #71409

Youth & Family Recreation

FAMILY/VISUAL ARTS

Family Fun with Clay

Ages 6-10 with adult

Review clay basics and proceed to hand building with a new project every week – slab vases, boxes, planters and sculpture. Enjoy your child's company and artistic development. Instructor: Kathleen Kendrick.

Amazon Community Center
Sep 28-Nov 16 Th 6-7:30p \$70 #70805
Class fee includes 1 child + 1 adult.
Class fee includes clay, glazes & firing.

FAMILY/DANCE & DRAMA

Family Hip Hop ♥

Ages 8 & up with adult

Get your family groove on. Come dance some great moves together and impress the rest of the clan back home. Dance to fantastic music and learn some cool steps. Now, that's some fun quality time! Instructor: Joshua Landis.

Amazon Community Center
Sep 30-Nov 18 Sa 9-10a \$60 #70847
Class fee includes 1 child + 1 adult.

FAMILY/SPECIAL EVENTS

Baby Barn Sale *All ages*

Clean out the closet and garage and make a little extra cash. Anything that fits on or under a 6' table is OK – toys, games, clothes, books, etc. – that are geared for baby, newborn to 4T. Preregistration required.

Petersen Barn Community Center
Sep 16 Sa 9a-Noon \$7 #71240
Oct 14 Sa 9a-Noon \$7 #71241
Sellers may set up at 8a; free admission to buyers.

Breakfast with Santa

Children 10 & under with adults

Ho-ho-ho! Santa has marked his calendar to fly in and visit this festive holiday breakfast. Come and join the fun, and don't forget your camera! Pre-registration is required.

Petersen Barn Community Center
Dec 9 Sa 9:30-10:30a \$4 #70834

The BOOOO Barn

Children 10 & under with adults

Celebrate the fall season at Petersen Barn. The fun includes carnival games, fall crafts and much more. Enjoy a fun filled evening for your whole family!

Petersen Barn Community Center
Oct 27 F 4:30-7:30p #71245
\$2 per person at the door.

FAMILY/FOOD, COOKING & NUTRITION

David's Adventures with Tofu

Ages 16 & up

Eating tofu daily may reduce risk of cancer, heart disease and osteoporosis. Mixed with the right seasonings, tofu is downright tasty! Come hungry and ready to learn all about tofu and how easy it is to prepare inexpensive, low-fat, cholesterol-free, pure vegetarian meals. Instructor: David Gabe.

Amazon Community Center
Oct 22 Su 2-4:30p \$16 #71210
\$10 material fee collected in class.

David's Go Cheesy Dairy-Free!

Ages 16 & up

See how much fun it is to make delicious "cheese" dishes including spreads, dips, sauces and even hard blocks of "cheese" – without dairy or guilt! These incredible, pure vegetarian, cheesy creations contain only natural, animal-free ingredients. Come hungry! Instructor: David Gabe.

Amazon Community Center
Nov 5 Su 2-4:30p \$16 #71211
\$10 material fee collected in class.

FAMILY/SPECIAL INTEREST

Dog Obedience *Ages 16 & up*

Establish a positive relationship of mutual understanding, intimacy and care through holistic training techniques. Redirect negative behaviors and reduce your own and your dog's stress. Dogs learn good manners and basic commands, including "heel" and "come." Each team receives individual attention and learns at their own pace. Instructor: Nadya Hase.

Amazon Community Center
Sep 30-Nov 18 Sa 2-3p \$140 #71235
Discount for Greenhill adoptions.

Dog Obedience Seminar

Ages 16 & up FREE!

Presentation by As You Wish Canine Obedience on how to use positive techniques with your dogs to redirect negative behaviors. Includes insights on reasserting yourself as the leader of your “pack,” how to use “dog talk” and ways to reduce fear and aggression. Ends with question and answer. Instructor: Nadya Hase.

Amazon Community Center
Sep 16 Sa 3-5p Free #71237

Therapy Dog Training

Ages 16 & up NEW!

Have fun while learning how you and your pet can work together to help others. Cindy Ehlers, a Delta Society licensed instructor, teaches pet partner teams to visit successfully. Prepares you and your pet for visiting hospitals, nursing homes, etc., for the Delta Society pet screening evaluation.

Amazon Community Center
Sep 18-Oct 16 M 6-8p \$125 #71351
Oct 23-Nov 20 M 6-8p \$125 #71352

Hand Drum Club **All ages**

Every month learn a different rhythm specifically geared for hand drums. Play the rhythm, end with a drum circle, and all go home *happy drummers!* Open to all levels. Bring your drum. If you don't have one, some will be provided. First half hour reserved for drop-in tutoring. Instructor: Jill Sager.

Washington Park Center, 2025 Washington St.
Oct 3 Tu 6:30-8p Free #71188
Nov 7 Tu 6:30-8p Free #71189
Dec 5 Tu 6:30-8p Free #71196
\$3 materials fee collected at the door.

Also see Family Drumming Circle, page 21.

Knitting Club **Ages 8 & up**

Learn to knit, purl and create your very own cozy hat or scarf! Enough supplies to learn the first day are included, and some needles available for loan. Supply list provided on the first day. Bring yarn and needles and an idea for a project, if you like. Instructor: Elvira Muniz.

Amazon Community Center
Sep 30-Nov 18 Sa 2-4p \$46 #70848

Teens Set the Agenda, Reap the Rewards

Choose from three dynamic opportunities for self-expression and personal growth. These groups of youth ages 14 - 18 years set their own goals and activities.



● **ATHENAs (Amazing Talented Heroines Enjoying Nature and Art)** is a peer support group dedicated to empowering young women by combining artistic exploration and peak outdoor recreational experiences in pursuit of personal growth and fun. Contact Aimee Goglia at 682-6358.



● **Youth 2 Make it Happen (Y2MIH)** builds community and develops leadership through creative expression. Projects include: film festivals, Hip Hop CD, concerts, open mic, a traveling vaudeville show and (almost) anything else you can imagine. Contact Peter Chavannes at 682-6359.



● **MoHo (Multicultural Outdoor High-school Opportunities)** brings together a diverse group of youth who explore outdoor and cultural opportunities to provide experiential learning, leadership opportunities and job training. Contact Isaac Markehe at 682-6321.